

Reliability of histamine release test in dust mite allergy: Influence of the degree of sensitization

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SUMMARY. The histamine release test has been proven to be a very useful method for in vitro diagnosis of IgE-mediated allergy to inhalant and food allergens, as well as for the immunotherapy follow-up of the allergic patient. The aim of the present study was to assess the influence of the degree of sensitization in allergic patients sensitive to *Dermatophagoides pteronyssinus* on their dose-response curves in histamine release tests. To achieve this aim, we studied 109 *D. pteronyssinus* allergic patients and 25 healthy control subjects. Intracutaneous skin test, *D. pteronyssinus* allergic patients and 25 healthy control subjects. Intracutaneous skin test, *D. pteronyssinus*-specific and total IgE quantitations, and histamine release tests were carried out in all the patients. In the case of the histamine release test, five *D. pteronyssinus* extract concentrations were used (2822.5, 282.25, 28.22, 2.82 and 0.28 UBE/ml), and two pat-

terns of histamine release in sensitive patients were found: one with maximal histamine release at the highest antigen concentration (group I) and the other with maximal release attained at lower concentrations (group II). A sensitization score was designed, after the results from specific IgE and intracutaneous skin tests. The very significant differences ($p < 0.05$) in antigen-specific and total IgE levels, and in papule diameters and sensitization scores, between the control group and groups I and II. Both groups showed significantly higher ($p < 0.05$) histamine releases than the control group in response to anti-IgE antibodies. When stimulating the cells with anti-IgE antibodies, histamine release in group II was higher than in group I, although this difference was not significant. Finally, the best correlation between sensitization score and antigen-specific histamine release was found at the 2.82 UBE/ml concentration ($r = 0.84$, $p < 0.001$).

Key words

Histamine release - Optimal dose - *D. pteronyssinus* sensitization - Degree of sensitization

Evaluation of the fibrinolytic system in full-terms neonates

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SUMMARY. Plasminogen activity and antigen, euglobulin fibrinolytic activity, tissue-type plasminogen activator activity and antigen urokinase-type plasminogen

activator antigen, plasminogen activator inhibitor-1 activity and antigen, plasminogen activator inhibitor-2 antigen, tissue-type plasminogen activator/plasminogen activator inhibitor complexes, α_2 -antiplasmin, histidine-rich glycoprotein, and fibrinogen/fibrin degradation products were measured in blood samples taken from the umbilical vein of 100 healthy full-term newborns. Re-